

... Time & Fee Structure ...

Successful Family Interventions usually take three months of intensive planning and practice. There is no charge for the first session to learn about the process.

The cost for a Family Intervention is a flat rate of \$3,000. Interventions that go over 12

sessions will be charged an additional \$100 per session. Once a family decides to go forward, a fee structure is typically established where half is paid up front & on the 6th session, the balance is paid. If this payment schedule causes a hardship, a different payment plan may be arranged.

Please, do NOT let the fee be the thing that stops you from implementing a Family Intervention. This is a progressive & fatal disease so together, we will find a way to go forward.

... To Begin ...

Call 973-682-TREE (8733) to set up an appointment or to ask questions.

AND if you see potential roadblocks that are stopping you from setting up an appointment, we would be happy to speak with you to problem-solve first.



Through a personalized approach, Willow Tree's Mission is to empower, counsel & educate individuals to build alcohol, tobacco, drug-safe, caring communities.



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The Willow Tree is a 501-c3 not-for-profit corporation.

Family Interventions

A Counseling Service of The Willow Tree Center

Interventions are Designed to Help

**Family, Friends & Employers
who are
concerned about someone's**

Alcohol, Tobacco &/or Drug Abuse / Addiction

Are you worried about a loved one's drinking?

*Is she a great employee
... when she's there?*

*Does he keep promising to
stop drinking ... but doesn't?*

*Have you tried everything
you can think of to get Mom to
stop ... and **nothing** has worked?*

Is your friend's drug abuse scaring you?


Maybe it's time for a

 **Family Intervention** 

A Family Intervention is:

A highly effective and intensive process to help family members, friends & employers to motivate those they care about — those in denial of their addiction — to seek treatment for their alcohol, tobacco and/or drug dependence. Interventions are also designed to help those around the addict (family members, fellow employees or employers, and friends) to become healthier by discontinuing their enabling behaviors that allow the addiction to continue and flourish.

Formula for Success

- ★ A Willow Tree Family Intervention is an intensive process, generally taking 9 to 12 (2 - 3 hour) sessions to prepare and implement properly.
 - ★ Each Family Intervention is guided by a Master's Level Certified Addictions Counselor and a Licensed Professional Counselor.
 - ★ The optimum team size is 5 to 7 people, however the process can be done with less or more.
 - ★ All in or out-patient treatment planning is pre-arranged by Willow Tree.
 - ★ Team members are encouraged to attend Al-Anon Meetings (a self-help group for those affected by someone else's drinking or drugging) during and following the preparation process.
 - ★ To insure the emotional well being of the team members, a meeting is held immediately following the actual Intervention to discuss feelings and reactions. The team will meet once again, 1 month later, to talk about how the family and the newly recovering addict are doing.
 - ★ A Family Intervention requires rigorous honesty by all who take part. It becomes, however, a very loving & heartfelt experience for those who are truly willing to participate.
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... It's a Simple Process ...

1. Gather a Team. A team should consist of those ...
 - ☞ The addicted person cares for deeply;
 - ☞ From whom the addicted person seeks approval (Cares what they think);
 - ☞ Who have DIRECT experience of the person's drinking, smoking &/or drugging ... and the subsequent problems.
2. Have the team assemble at the Willow Tree office to learn about the Intervention process.
3. Team members will write down their experiences of the drug dependent person & then reassemble at Willow Tree to reveal them to one another.

This has the effect of bringing all the pieces of the puzzle together for the members ... helping those with any doubts of the severity of the problem to become committed to the Intervention process.
4. The team will continue coming together for a minimum of two to three education sessions to learn about addiction, correcting any myths and misinformation they may hold.
5. The team will spend one to three more sessions getting their experiences of the drug dependent person put together in a manner in which the alcoholic or addict will be most likely to hear and accept.
6. A session will be devoted to developing "bottom lines" should the addict not follow through on the treatment process. (For example: "Should you fail to accept treatment to become substance free, you will be terminated from your job. Should you accept treatment and become substance free, your job will be waiting for you when you return from treatment.")
7. A session will be devoted to planning logistical details and problem solving for any road blocks the addict might produce to avoid beginning treatment.
8. One to two sessions will be devoted to "dress rehearsals" and when the group is truly ready, the Family Intervention will be scheduled to take place.

A Word of Caution Family Interventions are simple, yet complex and should always be guided by a highly trained addictions counselor. Please, do not try this on your own.